

INTERNATIONAL SPACE STATION

*Celebrating
Thanksgiving*



1
00:00:01,120 --> 00:00:06,000

Like many people this year, the astronauts
on the International Space Station can't

2
00:00:06,000 --> 00:00:10,960

gather with their families. But they
can still enjoy a holiday meal. (food!)

3
00:00:11,520 --> 00:00:18,000

That's right, but their zero-g holiday meals
start out a bit different from ours here on Earth.

4
00:00:18,640 --> 00:00:23,920

We head out to the grocery store and load
up. Astronaut meals, on the other hand,

5
00:00:23,920 --> 00:00:30,800

begin at NASA's Johnson Space Center. A typical
Thanksgiving dinner of smoked turkey, cornbread,

6
00:00:30,800 --> 00:00:37,680

stuffing, green beans, yams, and mashed potatoes
are first prepared and then thermal stabilized or

7
00:00:37,680 --> 00:00:44,480

freeze-dried. These meals are then packed into
special cargo vehicles bound for space. Once

8
00:00:44,480 --> 00:00:50,640

on board the station, the food packets are put
into a rehydration station, and in a few minutes,

9
00:00:51,280 --> 00:00:58,320

a hot delicious Thanksgiving dinner is ready to
enjoy. So whether your food is floating out in